

SPECIALITY VEGETABLES

Sugar snaps

Round, crunchy, very sweet pods, to be eaten whole.

Sugar snap is a pea whose round, fleshy pod is eaten whole, peas included. Thicker than mangetout, it offers a clean crunch and a very sweet flavour. It is served raw as an appetiser, blanched for a few moments or stir-fried in the wok, to keep colour and texture.

FLAVOUR
Very sweet, crunchy, juicy

ORIGIN
Kenya

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
Kenya	●	●	●	●	●	●	●	●	●	●	●	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Punnet 250 g × 6** — Kenya
- **Punnet 150 g × 6** — Kenya

In the kitchen

- Raw as an aperitif with a dip
- Wok-fried with sesame
- Blanched in a spring salad

Orders and prices
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