

FRUIT

Coconut

The mature coconut with a brown shell, firm white flesh and fragrant water.

The mature coconut is covered with a brown, hairy shell, which contains thick, firm white flesh and a little water. Its flavour is milky, rich and sweet. It can be grated, cut into shavings or blended to extract the milk. It keeps well at room temperature and suits pâtisserie and exotic cooking.

FLAVOUR

Milky, rich, lightly sweet

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
Availability		○		○	○		○	○		○	○	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- 8 pieces

In the kitchen

- Grated over a cake or rice pudding
- Blended into homemade coconut milk
- As grilled shavings on a curry or dessert

Orders and prices

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