

BABY VEGETABLES

Baby pak choi

A small, tender Chinese cabbage, to cook whole or halved.

Baby pak choi is a small rosette of Chinese cabbage with white, fleshy ribs and dark green leaves. Its mild, slightly briny flavour and its texture, both crunchy and melting, make it a very versatile vegetable. It cooks in a few minutes, whole or split in two.

FLAVOUR
Mild, fresh, lightly briny

ORIGIN
South Africa

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
South Africa	○	●				●	●	●	●	●		

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Punnet 200 g × 4** — South Africa

In the kitchen

- Wok-fried with garlic and ginger
- Steamed with fish and soy sauce
- Halved and grilled on the plancha

Orders and prices

Moorea — 69 rue de Perpignan, Bâtiment D3, marché international de Rungis, 94550 Rungis
01 56 70 62 40 · commercial@moorea.fr · qualite@moorea.fr