

BABY VEGETABLES

Baby round courgette

A small round courgette, perfect to stuff as an individual portion.

The round baby courgette is shaped like a small ball with thin skin and firm flesh. Its shape makes it a natural container: it is hollowed out and stuffed for an individual presentation. Its mild flavour suits meat, vegetable or cheese stuffings.

FLAVOUR
Mild, fresh, melting

ORIGIN
South Africa

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
South Africa	●	●	●	●	●	●	●	●	●	●	●	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Punnet 200 g × 6** — South Africa

In the kitchen

- Stuffed and oven-baked
- Halved and roasted
- Steamed as a fish garnish

Orders and prices

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