

CRESS & MICROGREENS

Lupine Cress

A crunchy young lupin shoot, with a fresh bean taste.

Lupine Cress is the young shoot of the lupin, more fleshy than a classic cress. It offers crunch, a light bitterness and the taste of fresh beans. Its good hold makes it a vegetal garnish in its own right, interesting in vegetarian dishes as well as with fish and white meats.

FLAVOUR
Fresh bean, slight bitterness, crunchy

ORIGIN
Netherlands

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
Netherlands	●	●	●	●	●	●	●	●	●	●	●	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **16 punnets** — Netherlands

In the kitchen

- As a garnish for a vegetarian dish
- With white fish or poultry
- To add crunch to a salad

Orders and prices
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