

SPROUTS

Pea sprout

Crunchy pea sprouts with the sweet taste of fresh peas.

Pea sprouts are a young shoot with fleshy stems and the first tender leaves. They offer a vegetal, sweet taste, very close to fresh peas, and a crunchy texture. They are eaten raw in salads or quickly seared, and bring a springtime note to plates.

FLAVOUR
Sweet, vegetal, pea flavour

ORIGIN
France

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
France	●	●	●	●	●	●	●	●	●	●	●	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

• **8 punnets**	France

In the kitchen

- Raw in a spring salad
- Quickly seared in a wok with garlic
- On a pea velouté

Orders and prices

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