

CRESS & PLANT SPECIALITIES

Nasturtium leaf

A small leaf, round like a water lily, with a peppery taste.

The nasturtium leaf is round, soft green, with veins radiating from the centre. It has the same peppery flavour as the flower, similar to watercress. It can be placed whole on the plate or used as a small garnishing leaf. Delivered in punnets, it keeps chilled.

FLAVOUR
peppery, close to watercress

ORIGINS
France, Spain

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
France	○			●	●	●	●	●	●	●	●	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Punnet** — France, Spain

In the kitchen

- Whole as a plate decoration
- Filled like a small bite
- In a baby leaf salad

Orders and prices

Moorea — 69 rue de Perpignan, Bâtiment D3, marché international de Rungis, 94150 Rungis
01 56 70 62 40 · contact@moorea.fr · qualite@moorea.fr

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