

SPECIALITY VEGETABLES

Green kale

Curly green kale, firm and flavourful, raw, sautéed or as crisps.

Green kale is a non-heading cabbage with very curly, deep green leaves. Its vegetal, slightly bitter flavour and firm texture make it a versatile vegetable. It is served raw in salad after massaging, sautéed, braised, blended into a juice or oven-dried into chips.

FLAVOUR
Vegetal, slightly bitter

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
Availability	●	●	●	●	●	●	●	●	●	●	●	●

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Loose 3 kg**
- **Bulk 4 kg**

In the kitchen

- In a lemon-massaged salad
- As oven-baked crisps with salt
- Sautéed with garlic as a side

Orders and prices
Moorea — 69 rue de Perpignan, Bâtiment D3, marché international de Rungis, 94550 Rungis
01 56 70 62 40 · commercial@moorea.fr · qualite@moorea.fr