

SPECIALITY VEGETABLES

Red kale

A kale with curly leaves tinged with purple-red.

Red kale has very curly leaves, with red-purple veins and highlights. Its flavour is mild, lightly sweet, with a hint of bitterness, and its texture firm. It is massaged raw with a vinaigrette to tenderise it, sautéed, braised or turned into crispy chips.

FLAVOUR

Mild, slightly bitter, vegetal

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
Availability	○	○							○	○	○	

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Bunch 250 g × 5**

In the kitchen

- Raw, massaged with a vinaigrette
- As crispy oven-baked crisps
- Sautéed with bacon lardons or garlic

Orders and prices

Moorea — 69 rue de Perpignan, Bâtiment D3, marché international de Rungis, 94550 Rungis
01 56 70 62 40 · commercial@moorea.fr · qualite@moorea.fr