

SPECIALITY VEGETABLES

Kale

A non-heading cabbage with curly leaves and a pronounced taste.

Kale is a non-heading cabbage with long, thick, curly leaves of a deep green. Its taste is stronger than that of green cabbage. Its leaves can be eaten raw, massaged in a salad, or cooked. It is delivered in cases of ten bunches.

FLAVOUR
vegetal, slightly bitter

Seasons and origins

Peak season · Early · Late · Rare

	J	F	M	A	M	J	J	A	S	O	N	D
Availability						●	●	●				

Indicative calendar based on our sales. Our sales team will confirm current availability.

Pack sizes

- **Bunch × 10**

In the kitchen

- As oven-baked crisps
- Raw in a salad
- Sautéed with garlic

Orders and prices

Moorea — 69 rue de Perpignan, Bâtiment D3, marché international de Rungis, 94150 Rungis
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